



## Healing Nature: Vincent Healy Jr. Speaks on Gardens as Healing Spaces

*“Strolling through a pine forest, viewing rock formations and cascading waterfalls, pausing to ponder the quiet surface of the lake and shoreline—little by little we are encouraged to lay aside the chaos of a troubled world and gently nurture the capacity within to hear a more harmonious, universal rhythm. We exchange burden, boredom and despair for renewal, inspiration and hope—this is the tremendous power of the Japanese garden.”* – Hoichi Kurisu, former Garden director



Photo: Sadafumi Uchiyama

In his lecture at the Garden in spring 2010, former Garden Director Hoichi Kurisu eloquently introduced the subject of the healing aspects of the Japanese garden. According to Mr. Kurisu, hospitals and rehabilitation centers around the country

refuge for members of this community in times of physical, mental, and emotional stress. Doctors have been known to recommend walks in the Garden to aid in the healing process for their patients, and visitors mourning the loss of a loved one have found solace along the Garden’s comforting pathways.

**June 30, 5:30 p.m.**

\$10 members/\$15 non-members  
Reservations required, space is limited  
[www.japanesegarden.com/events](http://www.japanesegarden.com/events)  
or (503) 542-0280

are building gardens to aid patients and their families in recovery, including Legacy Emanuel and Legacy Good Samaritan Hospitals here in Portland.

As a follow-up to this year’s *Living in Harmony with Nature* theme, next year in 2012, *Art in the Garden* and the Garden Lecture Series will explore the role of the Garden as a source of restorative therapies. This summer, a special lecture on “healing nature” by noted expert Vince Healy sets the tone by providing a definition of “healing” and “restorative” gardens, and discussing some of the many ways in which multi-sensory experiences in garden settings can encourage healing.

For almost 50 years, the Portland Japanese Garden has also served as a place of

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## Healing Nature, continued from page 1

Mr. Healy holds a Master of Fine Arts degree from UCLA and was a Loeb Fellow at the Harvard University Graduate School of Design. He is the author of numerous articles in prominent national journals, and has counseled authors writing books on the healing properties of garden environments. Mr. Healy worked closely with Elisabeth Kübler-Ross, M.D. to generate ideas for the creation of a garden at her training center for health practitioners, and has lectured and taught classes and seminars at Harvard University, UCLA, the University of Pennsylvania, the University of Illinois at Urbana-Champaign, and the University of Virginia. He was also the final keynote speaker at the 1999 Centennial Conference of the American Society of Landscape Architects.

Join us for this special talk on June 30 as we begin to explore the role of the Garden as a healing space for the whole community.

*Underwritten in part by the James F. and Marion L. Miller Foundation.*

## Corporate Member Profile: Departure Restaurant and Lounge

For a second year, Departure restaurant and lounge is a Golden Crane Corporate Member with the Japanese Garden, and provides delicious fare for the annual Golden Crane Reception.



Photo: Courtesy Departure

*Departure offers plates that incorporate traditional Asian preparations and fresh Northwest ingredients.*  
[www.departureportland.com](http://www.departureportland.com)

*"Our partnership with Portland Japanese Garden has allowed us to further connect with the local community, and support the heritage and culture of Japan." – Kara Sherman, sales manager at Departure*

The Portland Japanese Garden offers the corporate community

exciting partnership opportunities through its corporate membership program, the Golden Crane Society, and through sponsorships or program underwriting. For more information about how the Garden can work with your company to create a partnership that best meets your goals, please call Sue Dixon at (503) 542-0281.

## Cap Saheki Elected as Board Member Emeritus

There are people who stand out in any organization's history—those whose service, generosity and support highlight their involvement. For the Garden, one of these people is Akira "Cap" Saheki. Cap originally joined the Portland Japanese Garden as a member in 1982, was elected to the Board Directors in 1985, and served as the President



of the Board of Directors in 1995. In 2007 the Garden created a named endowment to recognize Cap's significant past gifts that support the Garden in perpetuity. Then, in 2009, Cap became a founding member of the Portland Japanese Garden International Advisory Board. Cap's contributions reach far and wide, and the Garden is lucky to be one of the recipients of his endless energy

and passion. His commitment to the cultivation of Japanese gardens in the United States, and to strengthening cultural understanding with Japan, is nearly unmatched.

In 1991, Cap formed the International Association of Japanese Gardens (IAJG) and still serves as president today. The IAJG was created to "encourage and promote intercultural communication and understanding by celebrating and studying Japanese gardens throughout the world." It is for this kind of visionary work that Cap was decorated in 1996 by the Emperor of Japan with the Order of The Rising Sun for his contribution to Japan/U.S. relations in the fields of culture and economics.

Cap served as both president and executive vice president of Fibrex & Shipping Company, Inc. He has also served with various Japan-related organizations including the Japan America Society of Oregon and the Portland-Sapporo Sister City Association. He is a member of the Rotary Club of Portland, where he has held a perfect attendance record since 1980. Whether through his impressive business career, or his volunteer and philanthropic efforts, Cap Saheki is a true cultural ambassador whose passion and commitment continue to impact the Garden, the community, and the world.

In honor of this history and service, the Portland Japanese Garden's Board of Directors has proudly announced its unanimous nomination of Akira "Cap" Saheki as a Board Member Emeritus of the Portland Japanese Garden.

Photos: Courtesy of Sinajina



## Art in the Garden *Urban Green: Small Trees for Small Spaces*

Through June 19, Garden hours  
Garden Pavilion  
Included with Garden admission

The ancient art of bonsai meets contemporary design in the miniature landscapes of Tokyo's Kenji Kobayashi of Sinajina Studio, presented in ceramic vessels handcrafted by twelve artists of the Oregon Potter's Association. Viewed amid Portland's spectacular Japanese Garden in Forest Park, *Urban Green* presents this re-invented version of bonsai as a means of bringing people and nature together in a modern urban environment.

*Underwritten in part by the James F. and Marion L. Miller Foundation.*

*Urban Green is sponsored in part by The Mark Spencer Hotel and Cistus Nursery.*

## Twelve Oregon Potters Create Original Bonsai Containers for *Urban Green* Exhibition

In conjunction with Art in the Garden exhibition, the Oregon Potters Association will provide one-of-a-kind contemporary bonsai containers for the *Urban Green* exhibition. Kenji Kobayashi will use these pots to create unique *Saikei* style bonsai on view and available for purchase as part of the exhibition in the Pavilion. Additional bonsai containers will also be sold in the Garden Gift Store throughout the run of the exhibition.



Handcrafted bonsai containers on view in the *Urban Green* exhibition in the Pavilion.

## Sogetsu Ikebana Rose Festival Exhibition

June 11–12, 10 a.m.–6 p.m.  
East Veranda  
Included with Garden admission  
Official Portland Rose Festival Event

Each year for the past 39 years, the Sogetsu School of Ikebana has presented their annual exhibition at the Garden as a sanctioned event of the Portland Rose Festival. Not every school of ikebana embraces the use of western floral materials such as the rose, but the Sogetsu School is known for its willingness to explore new ideas and materials. The founder, Sofu Teshigawara, broke away from tradition in 1927 to establish his new school based on the belief that anyone can arrange ikebana anywhere, and with almost anything. The Sogetsu philosophy advocates that ikebana should be part of a lifestyle, appreciated by many people from all over the world, rather than being considered an exclusive aspect of Japanese culture to be enjoyed by a limited number of people. Visit the Garden to see these elaborate and colorful flower arrangements presented by the Sogetsu School of Ikebana.

*Underwritten in part by the James F. and Marion L. Miller Foundation.*



Photo: David Cobb

Photo: Courtesy of Sinajina



## Weyerhaeuser Bonsai Lecture/Demonstration: The Art of Saikei

with David De Groot

June 16, 7:30 p.m.  
\$10 members/\$15 non-members  
Reservations required, space is limited  
[www.japanesegarden.com/events](http://www.japanesegarden.com/events) or  
(503) 542-0280

*Saikei*, meaning “scenic planting” or “landscape planting,” is an offshoot of bonsai that was developed and named in post-World War II Japan by bonsai nurseryman Toshio Kawamoto. The intent in most bonsai art is to create a vision of nature via a small tree or group of trees in an artistically supportive container. It is up to the viewer to interpret the work and to create the scene surrounding that tree in his/her imagination. A saikei artist eases the imaginative burden for the audience by using multiple materials—trees, ferns grasses or other groundcovers, as well as sand, stones and soil to surround the tree with a complete miniature landscape that might suggest hills, mountains, streams, pools, gorges, or other topographical features.

Lecturer David De Groot will introduce the art of saikei through words, images, and a demonstration in which he will explain the aesthetics and techniques involved as he creates a living saikei. A question and answer period will follow the demonstration.

David De Groot has been curator of Weyerhaeuser’s Pacific Rim Bonsai Collection since its creation in 1989. He is an award-winning designer and author, who has been studying and practicing bonsai since 1972.

*Underwritten in part by the James F. and Marion L. Miller Foundation.*

## Chado, the Way of Tea

June 18, 1 and 2 p.m. Presented in the Kashintei Tea House in the Tea Garden  
Included with Garden admission

The Kashintei Kai volunteer group presents *Chado*, The Way of Tea at the Garden at 1 and 2 p.m. on the third Saturday of every month, through October.

## In the Garden Gift Store and Online

In honor of the Sogetsu School of Ikebana’s annual exhibition, a sanctioned event of the Portland Rose Festival, the Garden Gift Store will offer 20% off of all ikebana books, vessels, and tools on June 11 and 12.

Father’s Day is June 19. Find the perfect gift for dad with 15% off all gardening books and tools.

Mark your calendars! The biggest art show and sale of the year, *Behind the Shoji*, is just

around the corner. Reserve your spot for *Behind the Shoji* Members-only Opening Party July 22, 7–9 p.m. (Reservations open June 14) This is your opportunity to preview the show and take home a one-of-a-kind piece of art before the show opens to the public on Saturday, July 23. *Behind the Shoji* features 36 artisans whose work in ceramics, jewelry, wood-working, glass art, woodblock prints, and more is among the best in the region.



Woodblock print by Walt Padgett

## Join Us for Father’s Day!

June 19, Garden Hours  
Included with Garden admission

There are many reasons to celebrate dad at the Garden this year. Start with a fun adventure exploring the Garden using the treasure map for kids. Then, enter dad to win a gift package that includes a gardening book, tools, and gear. Even if dad doesn’t win this one, you can buy him the perfect gift with 15% off all gardening books and garden tools at the Garden Gift Store. In addition, Father’s Day is the last day to view the *Urban Green* exhibition in the Pavilion.

## Photographer Member Hours

June 15, 7–9 p.m.  
Photographer Members Only

Garden photographer member hours are held once a month during eight months of the year when the light is best for photography. These hours are an exclusive benefit for Garden photographer members. To learn more about photographer membership, visit [www.japanesegarden.com/membership](http://www.japanesegarden.com/membership).

### Photo Member Hours for 2011:

June 15	7–9 p.m.
July 19	7–9 p.m.
August 14	7–9 p.m.
September 21	6:30–8 a.m.
October 6	6:30–8 a.m.



Canon

ProPhoto Supply and Canon are proud sponsors of the Photo Member Program.



## Sencha/Matcha: A Harmonious Duet of Tea Traditions

July 9

First Seating: 10 a.m.–12 p.m. (includes matcha and sencha)

Second Seating: 1–3 p.m. (includes matcha and sencha)

Garden Pavilion

\$20 members/\$25 non-members

Reservations required, space is limited

[www.japanesegarden.com/events](http://www.japanesegarden.com/events) or (503) 542-0280

Green tea in its many varieties and forms has been an important part of the life and culture of Japan for centuries. This July, thanks to members of Kashintei Kai of Portland and Sara no Kai of Tokyo, visitors have the rare opportunity to experience both *matcha* and *sencha* tea traditions in a special presentation and tasting of both types of tea in the Pavilion. Tea will be presented in two separate seatings, morning and afternoon. Each seating will include both sencha and matcha, so you need only reserve one seating to experience both traditions.

*Underwritten in part by the James F. and Marion L. Miller Foundation.*



## Tanabata, the Star Festival

July 10, 1–3 p.m.

Garden Pavilion

Included with Garden admission

Join us in celebration of this joyful traditional festival. Activities for the family include a day of making *origami* folded paper ornaments and writing good luck wishes in Japanese guided by one of our welcoming young Japanese volunteers from Portland State University, all accompanied by the quiet music of Toshi Onizuka.

## Writing Workshop: Painting the Garden with Words

July 12, 8:30 a.m.–12:30 p.m.

Garden Pavilion and grounds

\$20 members/\$25 non-members

Reservations required, space is limited

(Reservations open June 14)

Join author and editor Jill Kelly, Ph.D., on a midsummer morning to play with words that describe the beauty of the Portland Japanese Garden. The workshop will include guided exercises, writing and self-editing tips, and a luxurious chance to sit in the Garden and write. Bring a journal or laptop. Learn more about Jill at [www.jillkellyauthor.com](http://www.jillkellyauthor.com).



Photo: Sadafumi Uchiyama

## Nobedan Stone Pavement Workshop

July 16 and 17, 9 a.m.–3 p.m.

Garden House and grounds

\$150 members/\$175 non-members

Reservations required, space is limited

(Reservations open June 14)

Discover the unique stone pavement techniques utilized in Japan for stone pathways in places such as tea gardens. The workshop begins with a brief lecture and illustration presented by Garden Curator Sadafumi Uchiyama. Participants will then work side by side with Uchiyama and Head Gardener Michael Kondo to construct a nobedan path.

**Senior Staff**

- Chief Executive Officer** ..... Steve Bloom  
*Carolyn A. Berry, Chief Executive Chair*
- Deputy Director** ..... Cheryl Ching
- Executive Assistant** ..... Maureen Porter
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- Director of Strategic Advancement** . . . . Nicola Sysyn
- Director of Marketing & Visitor Services** . Jennifer Amie
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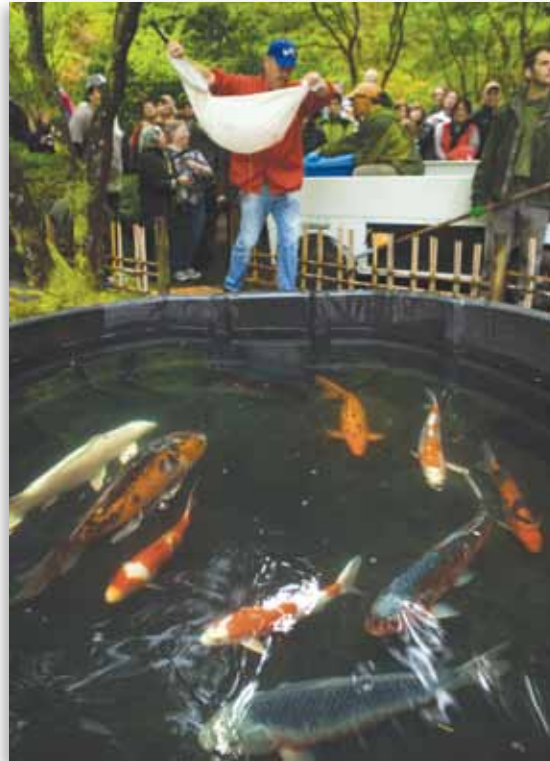
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- The Garden Path**
- Editor** ..... Melissa Wilmot  
mwilmot@japanesegarden.com
  - Designer** ..... Megan Caraeff  
mcaraeff@japanesegarden.com

**Gift Planning Tip**

When looking at your estate, consider naming the Garden the beneficiary of your retirement plan. Depending on your circumstances, this can be a tax-efficient way to make a gift; you may avoid estate tax upon your death, and then income tax when the named plan beneficiaries withdraw the funds. By leaving your plan to the Garden, both layers of tax may be avoided.

For additional information or to discuss options that may benefit your family and the Garden, please call Nicola Sysyn at (503) 595-5225.



Photos: Jonathan Ley

Thank you to all our members and visitors who joined us on May 7th to celebrate the return of the koi to the Garden's ponds.

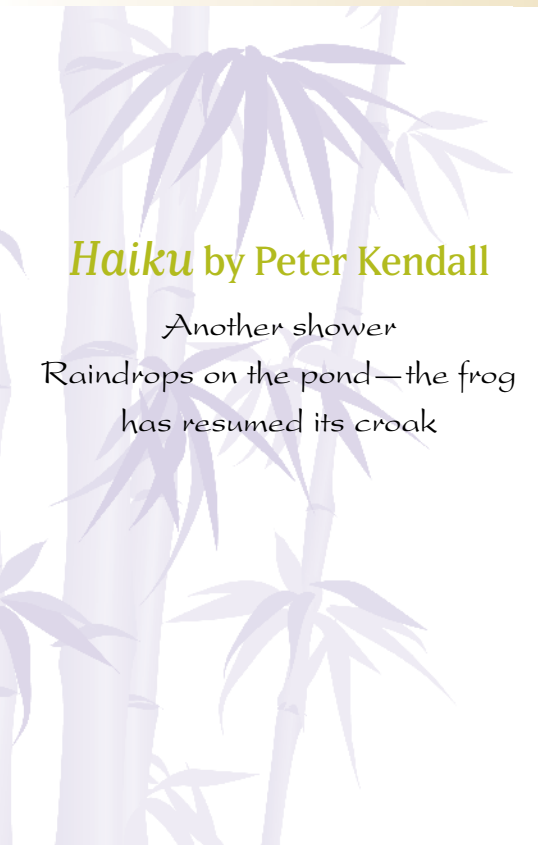
**Thanks to All Who are Helping to Bring Back the Koi**

The Garden aims to raise a total of \$55,000 over the next two years to repopulate the ponds with new koi. So far, our members have generously donated \$27,831.56, enough to purchase the first group of koi. Thank you to our most recent donors to this effort:

- |   |  |
|---|--|
| Ann Barkley<br>In honor of her grandchildren<br>Rowan & Ainsley Porter &<br>Gavin & David Barkley | Carol Otis<br>Kay Perkins<br>In memory of Torae and Hiroko Imai<br>Patricia French & Patrick Regan |
| Alan Baucom<br>In honor of Robbie Robinson  | Tony Preu<br>Dori Schnitzer  |
| Gillan Bradley  | John Simons  |
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| William Findlay   | Gale Taylor  |
| Joshua & Kerstin Husbands   | Jane Upton   |
| Joyce Loeb  | James & Jenny Watson   |
| Barbara Mills   |  |

**Haiku by Peter Kendall**

Another shower  
Raindrops on the pond—the frog  
has resumed its croak



# The Golden Crane Society

## Individuals

### \$25,000+

Jean & Ray Auel  
Carolyn A. Berry  
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*The Portland Japanese Garden designates all memorial gifts to its Foundation in order to support the organization in perpetuity. In addition, the Garden's foundation includes endowment funds created through the generous gifts of our friends. We are proud to acknowledge the following funds:*

### Jack & Lynne Hoffman Donor Advised Fund Akira & Saeko Saheki Endowment Fund

*If you are interested in contributing to our endowment, please contact Nicola Sysyn at (503) 595-5225.*

## Golden Crane Legacy Members

*Golden Crane Legacy Members have named the Garden as the ultimate beneficiary of a planned gift. We are grateful to the following people for letting us know of their plans to support the Garden in this special way:*

**Barbara Bell**

**Diane Benjamin**

**Steve Bloom & Michael Blankenship**

**Mora L. Chartrand & Linda L. Grant**

**Bill Findlay**

**Susan Halton**

**Jerry & Ann Hudson**

**Duke Mankertz\***

**Beverly Merrill\***

**Carmen Wong-Blair**

*If you would like to include the Garden in your estate plans, or if you have already done so and would like to be listed as a Legacy Member, please contact Nicola Sysyn at (503) 595-5225 or nsysyn@japanesegarden.com.*

\*Deceased

## Tribute Gifts

**In honor of Willamette Valley  
Hardy Plant Group**  
Ed McVicker

**In memory of Jess Wells**  
Marian & Wayne Kuch

**In memory of Fred Maffei**  
John & Jane Emrick  
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**In memory of Minako Frady**  
Shoun & Grace Ishikawa

## Annual Fund & Additional Gifts

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West Coast Bank  
Zupan's Markets



Exclusive vineyard of the  
Portland Japanese Garden



Preferred hotel of the  
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## Memorial Gifts & Donations



**Members-only Hours:**

Tuesday–Sunday: 8–10 a.m.

**Summer Public Hours:**

(April 1–September 30)

Tuesday–Sunday: 10 a.m.–7 p.m.

Mondays: noon–7 p.m.

**Summer Public Tours:**

Tuesday–Sunday: 10:45 a.m., 1 p.m., & 2:30 p.m.

Monday: 1 p.m. & 2:30

**Summer Gift Store Hours:**

Tuesday–Sunday: 10 a.m.–7 p.m.

Mondays: noon–7 p.m.

**Helpful Numbers:**

Main Gate . . . . . (503) 223-1321

Membership Services . . . . . (503) 796-9180

Garden Gift Store . . . . . (503) 223-5055

Event Reservations . . . . . (503) 542-0280

**Street Address:**

611 SW Kingston Avenue

Portland, OR 97205

[www.japanesegarden.com](http://www.japanesegarden.com)

**Prefer to receive this newsletter electronically?**

E-mail [membership@japanesegarden.com](mailto:membership@japanesegarden.com) to make the switch, and thank you for helping the Portland Japanese Garden reduce its environmental impact and conserve resources.

**June**

6/11–12	Sogetsu Ikebana Rose Festival . . . . .	10 a.m.–6 p.m.
6/15	Photographer Member Hours . . . . .	7–9 p.m.
6/16	Weyerhauser Bonsai Lecture: <i>The Art of Saikai</i> * . . . . .	7:30–9 p.m.
6/18	Presentation of <i>Chado</i> , the Way of Tea . . . . .	1 & 2 p.m.
6/19	Father's Day at the Garden . . . . .	10 a.m.–6 p.m.
6/30	Lecture: <i>Healing Nature</i> * . . . . .	5:30–7:30 p.m.

**July**

7/1	Extended Evening Member Hours . . . . .	7–9 p.m.
7/4	Independence Day (Special Hours) . . . . .	10 a.m.–7 p.m.
7/8	Extended Evening Member Hours . . . . .	7–9 p.m.
7/9	Sencha/Matcha: A Harmonious Duet of Tea* . . . . .	10 a.m.–12 p.m. & 1–3 p.m.
7/10	<i>Tanabata</i> , the Star Festival. . . . .	1–3 p.m.
7/12	Writing Workshop: Painting the Garden with Words*. . . . .	8:30 a.m.–12:30 p.m.
7/15	Extended Evening Member Hours . . . . .	7–9 p.m.
7/14	Twilight Hours for Supporting and Sponsor Members. . . . .	7–9 p.m.
7/16–17	Nobedan Stone Pavement Technique Workshop*. . . . .	9 a.m.–3 p.m.
7/16	Presentation of <i>Chado</i> , the Way of Tea . . . . .	1&2 p.m.
7/19	Photographer Member Hours . . . . .	7–9 p.m.
7/22	Extended Evening Member Hours . . . . .	7–9 p.m.
7/22	Behind the Shoji Opening Party* . . . . .	7–9 p.m.
7/23–9/5	Behind the Shoji Art Show and Sale . . . . .	10 a.m.–7 p.m.
7/29	Extended Evening Member Hours . . . . .	7–9 p.m.

\*Reservations required. Registration fees are non-refundable. Dates and times subject to change.

For more information and to make reservations or payment arrangements, call or visit:

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